



Your online gateway into your personal health information.

## WHAT IS MY CARE CONNECTION?

*My Care Connection* is a simple, online tool that connects you and your family to your health information in a meaningful way. *My Care Connection* can be used by patients or by family members who oversee the care of their loved ones.

By facilitating better communication with your physician through secure, convenient access from any device with an internet connection, *My Care Connection* keeps you informed so that you can stay healthy.

## HOW TO REGISTER:

1. To register, you will first need to provide your email address to your physician or care team.
2. You will then be sent a one-time enrollment email from [My Care Connection noreply@iqhealth.com](mailto:noreply@iqhealth.com).
3. Follow the instructions within the email to activate your *My Care Connection* account.
4. After you're connected, login and bookmark the site. You will be able to access *My Care Connection* through your physician's website or by visiting <https://mhinphr.iqhealth.com> to continue interacting with your physician.

## ONCE YOU REGISTER YOU WILL BE ABLE TO:

- Make appointment requests
- Submit medication refills
- Communicate general questions with your care team
- Gain immediate access to your health information including test results, visit summaries, patient education, and much more!

## QUESTIONS?

If you have any questions about your *My Care Connection* account, please contact 1-877-621-8014. Support is available 24 hours a day, 7 days a week.

My Care Connection is completely secure and HIPAA compliant. Your security is important to us and our technology encrypts, safeguards, and protects your health information.